Transforming Lives with Compassion, Care & Dignity

AVVAL FOUNDATION

જન સેવા એજ પ્રભુ સેવા

Avval Foundation

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www.avvalfoundation.com

9998833366

Avval Old Age Home - Morarji Desai Railway Overbridge, Ghatlodiya, Chanakyapuri, Ahmedabad, Gujarat 380061

Avval Kanya Gruh - Devbhumi Appt, nr. Sundervan Flats, below Balol Nagar Over Bridge, Ranip, Ahmedabad, Gujarat 382480

About Trustees

ABHISAR KALAL – Managing Trustee



He has completed his Masters in Business Administration and working as a Banking and Retail sales professional for over 20 Years. As he entered in his 30s he started getting involved in the Good causes for society and was keen in giving back to society. He was major share contributor during the early stage of the organization when there was shortage of funds to operate Old Age Home.

Since their young age, trustees of Avval Foundation, Mr. Abhisar Kalal was very much active in social service. Along with their routine life, they use to spare time to visit various social service centers, which provides support to differently-abled children, needy women and Old age homes. It was then they came across the issue that elderly with partial disability (mental & physical) were not getting admission into any of the city-based Old age homes and they had to suffer. Therefore, with this specific purpose of providing shelter and support to partially disabled (mental & physical) elderly, Avval Foundation was formed and was registered as a NGO in May 2013.

In May 2018, Avval Foundation has completed its 5 years and has provided shelter and support to more than 200 Ignored Elderly so far. Currently, we operate in Rented premises located in Ghatlodia area with a capacity to accommodate 35 people. We have waiting list of more than 20 Elderly who seek admission but due to space constraint, we are unable to admit them. We are approaching the Government, Fundraising agencies, Corporates & People for getting support to get our own space and Build an Old age Home, which can accommodate more than 100 people and can have more facilities to ease the life of elderly ones. Your support for this cause can make difference in many lives.

Avval Foundation was the First in Ahmedabad City to install a Water ATM, which serves 1- liter clean and cool drinking water in 1 rupee. We have 4 such ATMs installed so far and exploring the possibilities for network expansion and reach to as many as rural areas. We also provide free education to more than 200 children through audiovisual mode, we currently are in need of Teaching Volunteers who can support us in this cause and serve better. We also doing mass marriage every year. You can Support society by joining hands with Avval Foundation either by Donating OR Participating as a Volunteer in Good cause. Thank You.

About Trustees

SHITAL ABHISAR KALAL –
Managing Trustee | Co-Founder, Shital's Kitchen



Mrs. Shital Abhisar Kalal is a dynamic entrepreneur, social leader, and Managing Trustee of Avval Foundation, bringing with her over 30 years of experience across professional, entrepreneurial, and social spheres. Her journey began with her passion for fashion and entrepreneurship through Bhandhej, a fashion designer boutique, followed by her association with Monsoon Boutique. These early experiences helped shape her entrepreneurial spirit, creativity, leadership, and understanding of people and business.

She later moved to Canada with her husband, Mr. Abhisar Kalal, where she built a professional and entrepreneurial career. Alongside her employment with Amazon, she pursued her entrepreneurial interests and established Shital's Kitchen, a homemade food venture that grew into a recognized food brand in Canada. Her ability to balance professional responsibilities with entrepreneurship reflects her determination, adaptability, and commitment to building meaningful ventures.

After establishing their professional and personal lives in Canada and obtaining Canadian citizenship, Mrs. Shital Kalal and her husband, Mr. Abhisar Kalal, made a conscious decision to return to India in 2023. Their shared vision was to dedicate their experience, resources, and energy toward creating meaningful and sustainable social impact through Avval Foundation.

Since returning to India, Mrs. Shital Kalal has played a key role in strengthening the Foundation's vision and expanding its social initiatives. Together with Mr. Abhisar Kalal, she initiated Avval Kanya Gruh in 2025, with a focus on providing girls with a safe, caring, and dignified environment along with opportunities for education, personal development, and a better future.

Today, as Managing Trustee of Avval Foundation, Mrs. Shital Kalal continues to lead the organisation with a strong commitment to dignity, compassion, empowerment, and sustainable social development.
Alongside her social leadership, she continues to contribute to Shital's Kitchen as Co-Founder, carrying forward her entrepreneurial journey and passion for quality homemade food.

Introduction to Avval Foundation

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1. About Avval Foundation

Established on **16 May 2013,** Avval Foundation is a purpose-driven non-profit organization committed to creating a more compassionate, inclusive, and dignified society. Rooted in the philosophy **'જન સેવા એજ પ્રભુ સેવા' (Service to humanity is service to God),** the foundation works tirelessly to uplift vulnerable sections of society, including abandoned elderly individuals, orphaned girls, and economically disadvantaged communities.

Over the past decade, Avval Foundation has evolved into a trusted name in social service, touching thousands of lives through impactful and sustainable initiatives. The organization focuses not only on providing immediate support but also on creating long-term solutions that empower individuals to lead independent and respectful lives.

With a strong network of volunteers, donors and community supportes, Avval Foundation continues to expand its reach, ensuring that help, hope and dignity reach those who need it the most.

2. Vision

To build a society where every individual-regardless of age, gender or economic background-live with dignity, security and equal opportunities and where no one is left behaind or forgotten.

3. Mission

- To provide safe shelter, care and emotional support to abandoned and elderly individuals.
- To empower orphan and underprivileged girls through education, values and life skills.
- To ensure access to basic necessities like food, clean drinking water and healthcare.
- To promote self-reliance throgh livehood opportunities and skill development.
- To serve humanity with compassion, integrity and long-term commitment.

OUR INITIATIVE

4. AVVAL OLD AGE HOME – Care & Respect for Seniors

A Home Filled with Care, Dignity & Compassion

At AVVAL Old Age Home, we believe every senior deserves to live with respect, comfort, dignity, and love. We strive to create a peaceful and supportive environment where seniors feel valued, cared for, and never alone.

OUR PURPOSE

Our purpose is to provide a **safe, caring, and welcoming** home for senior citizens. We are committed to supporting their physical, emotional, and social well-being while ensuring that every individual is treated with kindness and dignity.

WHAT WE PROVIDE

- Safe and comfortable living environment
- Nutritious and wholesome meals
- Personal care and daily assistance
- Healthcare support and regular attention
- Emotional support and companionship
- Clean and peaceful surroundings
- Recreational and social activities
- A caring community where seniors feel at home

OUR VISION

To build a compassionate community where every senior citizen can age with **dignity, security, happiness, and respect.**
We envision a place where seniors are not simply cared for, but are **truly heard, valued, and celebrated.**

OUR COMMITMENT

At AVVAL, our commitment goes beyond providing basic care. We are dedicated to creating an atmosphere of **love, respect, trust, and belonging.**

Every day, we work to make our residents feel that they are part of a family and that their lives, memories, and experiences truly matter.





Avval Foundation provides a safe, compassionate, and respectful home for elderly individuals who are abandoned, alone, or without adequate family support. We believe that every senior citizen deserves to spend their golden years with dignity, peace, and happiness.



Our care goes beyond basic needs. Residents receive comfortable accommodation, nutritious meals, medical care, emotional support, companionship, and a loving environment where they can feel safe and valued.



The photograph reflects the warmth and togetherness found at Avval Foundation. Residents share conversations, smiles, and meaningful moments with one another, creating a strong sense of friendship and family.



At Avval Foundation, we believe that no elderly person should feel alone. We strive to create a caring community where every resident is respected, supported, and treated with **kindness —helping them live their later years with comfort, dignity, and hope.**





OUR INITIATIVE

5. AVVAL KANYA GRUH – Education, Empowerment & Shelter

Avval Kanya Gruh is a caring and supportive home dedicated to providing a safe, nurturing, and respectful environment for girls who need care, protection, and guidance. Our aim is to ensure that every girl grows up with security, confidence, education, and opportunities to build a better future.

Our Purpose

Every child deserves a childhood filled with **love, care, education, and hope.** Avval Kanya Gruh works to create a family-like environment where girls can feel safe, valued, and encouraged to achieve their dreams.

What We Provide

- **Safe & Secure Accommodation** – A protected and comfortable living environment.
- **Education & Learning** – Support for schooling, studies, and personal development.
- **Nutritious Food** – Healthy and balanced meals for growth and well-being.
- **Healthcare** – Regular medical attention and support for physical well-being.
- **Emotional Support** – A caring environment where girls can express themselves and feel understood.
- **Life Skills & Guidance** – Encouragement to develop confidence, responsibility, and independence.
- **Recreational Activities** – Opportunities for creativity, sports, celebrations, and joyful childhood experiences.
- **Values & Character Building** – Helping girls develop compassion, confidence, discipline, and respect.

Our Vision

Our vision is to empower every girl with the **education, confidence, skills, and opportunities** she needs to become independent and lead a meaningful life.

Our Commitment

At Avval Kanya Gruh, we believe that care is more than providing basic necessities. It is about creating a **loving environment, building self-confidence, protecting dignity, and opening doors to a brighter future.**

A Place Where Girls Can Grow & Dream

With the support of our **caregivers, well-wishers, volunteers, and community, we strive to give every girl the opportunity to learn, grow, dream, and succeed.**

Avval Kanya Gruh — nurturing young lives today, empowering brighter futures tomorrow.


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6. Mass Marriage Initiative

Mass Marriage Initiative

Dignity, Equality & A New Beginning

For over **9 years,** Avval Foundation has been supporting underprivileged girls through its **Mass Marriage Initiative,** ensuring that financial constraints do not stand in the way of a dignified and respectful marriage.

Having supported **189+ couples,** the initiative provides comprehensive wedding arrangements while upholding **dignity, cultural traditions, and social values.** From essential wedding requirements to the overall ceremony arrangements, Avval Foundation strives to create a meaningful and memorable beginning for every couple.

Through this initiative, we aim to promote **social equality, dignity, and sustainable family well-being,** while giving deserving couples the opportunity to begin their married lives with confidence and respect.













7. Senior Citizen Club

Senior Citizens Engagement Initiative

Celebrating Age with Dignity, Connection & Joy

Engaging **4,000+ senior citizens,** Avval Foundation's initiative focuses on enhancing the **mental, emotional, and social well-being** of elderly individuals through meaningful engagement and community activities.

From **devotional bhajans and interactive games to cultural programs and social gatherings,** these activities encourage seniors to remain active, connected, and engaged with their community. The initiative creates opportunities for **companionship, self-expression, joy, and emotional fulfilment,** helping every senior citizen experience a life filled with dignity, respect, and belonging.



Tirth Dham Yatra



Udaipur Yatra



Viklang Yatra



Rajashthan Yatra





Jaisalmer Yatra



Shamlaji Temple Yatra

8. COVID-19 Relief Work

COVID-19 Relief Initiative

Standing Together in Times of Crisis

During the COVID-19 pandemic, Avval Foundation responded swiftly to support **vulnerable families and communities** affected by the crisis. The Foundation distributed **food, essential supplies, and financial assistance** to help families meet their immediate needs during an unprecedented period.

The initiative also extended support to **frontline workers**, recognizing their dedication and contribution during the pandemic. Through timely relief and community support, Avval Foundation remained committed to serving those most in need during one of the most challenging periods in recent history.









Livelihood Support

Creating Opportunities for Independence & Dignity

Avval Foundation supports **specially-abled individuals and people from economically weaker communities** by providing sustainable livelihood opportunities and income-generating resources, including **E-Rickshaws.**

By enabling individuals to earn a stable income through self-employment, the initiative promotes **financial independence, self-reliance, and dignity.** Our goal is to create meaningful opportunities that help individuals build a more secure future for themselves and their families.

















10. Food & Ration Distribution

Food & Ration Distribution

Nourishing Communities, Fighting Hunger

Avval Foundation conducts **regular food distribution drives and ration support programs** to provide essential nourishment to individuals and families facing economic hardship.

Through timely distribution of **nutritious meals and essential grocery supplies**, the Foundation works to address food insecurity and support vulnerable communities. Our continued efforts are driven by a simple commitment: **to help build communities where no individual or family goes to bed hungry.**
















Our Impact

Our Impact

Serving Society with Purpose Since 2013

Since 2013, Avval Foundation has been committed to creating meaningful and lasting social impact across communities.

- **189+ Mass Marriages** successfully organized, supporting underprivileged couples with dignity and respect.
- **4,000+ Senior Citizens** engaged through social, cultural, and community-based initiatives.
- **Thousands of Families** supported across Gujarat through food, essential supplies, livelihood assistance, and welfare initiatives.
- **Expanding Every Year** — continuously strengthening our outreach, partnerships, and impact to reach more people and communities in need.

Together, we continue to transform compassion into meaningful action and create a more inclusive and dignified society.

Why Avval Foundation?

Why Avval Foundation?

Building Trust. Creating Impact. Transforming Lives.

At Avval Foundation, we believe meaningful social change is built on **trust, transparency, compassion, and long-term commitment.**

- **Transparent & Trust-Driven Operations:** We value accountability, responsible practices, and transparency in every initiative.
- **Community-Focused, People-First Approach:** Our programs are designed around the real needs, dignity, and well-being of the communities we serve.
- **Sustainable & Long-Term Impact:** We focus on initiatives that create lasting opportunities and meaningful change beyond immediate support.
- **Strong Volunteer & Supporter Network:** Our growing network of volunteers, donors, partners, and supporters strengthens our ability to reach more people.
- **Dignity Beyond Charity:** We strive not only to provide assistance, but to empower individuals with respect, confidence, opportunities, and hope for a better future.

Details Of Profile

Sr. No.	Name	Details Of Sanshtha	
1	**Organization Name**	Avval Foundation / Avval Kanya Gruh	
2	**Address**	Avval Foundation: Chankyapuri Railway Crossing Near, Shivnagar Society Bus Stop, Ghatlodiya, Ahmedabad-380061 Avval Kanya Gruh: Devbhumi Appartment, Near Sundarvan, Below Balol Nagar Bridge, Ranip, Ahmedabad-382480	
3	**Contact Number**	Managing Trustee- Shital Abhisar Kalal Mo.: 9998833366	
4	**Email Id**	avvalfoundation@gmail.com	**Bank Details**
5	**Website**	www.avvalfoundation.in	
6	**Registration Date**	16-05-2013	
7	**Pan Card Number**	AADTA9172G	
8	**12A/ 80G Certificate**	See Rule 17A/11AA/2C	
9	**CSR 1 Number**	CSR00024764	
10	**Bank Details**	YES Bank: A/C No. 022894600000194 / IFSC Code: YESB0000394 / Branch: Navrangpura, Ahmedabad	

Kind Supporters

